



*what
you do
matters* ⚡
P L A N N E R

DAILY WORK PROMPTS

Quarterly Goal Setting:

WHAT ARE THE MAJOR MILESTONES YOU ARE SETTING OUT TO ACHIEVE THIS QUARTER?

	AT HOME
--	---------

	AT WORK
--	---------

	COMMUNITY
--	-----------

WHO CAN HELP YOU MAKE PROGRESS ON THE ABOVE?

	PERSONALLY
--	------------

	PROFESSIONALLY
--	----------------

	COMMUNITY
--	-----------

	IN YOUR NETWORK
--	-----------------

WHAT DO YOU FORESEE GETTING IN THE WAY OF ACHIEVING YOUR MILESTONES?

--

WHAT CAN YOU DO TO AVOID THE PITFALLS ABOVE?

--

WHAT SKILLS DO YOU NEED TO LEARN OR GROW TO HELP YOU MEET YOUR MILESTONES?

LEARN

GROW

WHAT BOOKS ARE ON YOUR READING LIST?

TIP! ADD THESE TO YOUR MONTHLY MAPS UNDER “BOOKS TO READ”.

WHAT ARE THE HABITS YOU WANT TO CREATE/MAINTAIN THIS QUARTER?

TIP! TRACK THESE ON YOUR DAILY WORK RHYTHM.

HOW DO YOU WANT TO FEEL THIS QUARTER?

Daily

WORK RHYTHM

DATE _____

_____ DAILY AFFIRMATION

HOUSEKEEPING TASKS

THE BIG THINGS

HABIT TRACKER:

<input type="checkbox"/> _____	<input type="checkbox"/> _____
<input type="checkbox"/> _____	<input type="checkbox"/> _____

DAILY MEETINGS & NOTES

GRATITUDE LIST:

- 1 | _____
- 2 | _____
- 3 | _____
- 4 | _____
- 5 | _____

*Happiness can be found
even in the darkest of times,
if one only remembers to
turn on the light.*

- ALBUS DUMBLEDORE

Daily

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*You're wishin' too much,
baby. You gotta stop
wearing your wishbone
where your backbone
oughta be.*

- EAT, PRAY, LOVE

Daily WORK RHYTHM

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I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

- MAYA ANGELOU

Daily

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*There is no innovation and
creativity without failure.
Period.*

- BRENE BROWN

Daily

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Start where you are.

Use what you have.

Do what you can.

- ARTHUR ASHE

Daily

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*Just keep swimming.
Just keep swimming.
Just keep swimming,
swimming, swimming.
What do we do?
We swim, swim.*

- FINDING NEMO

Daily

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*Either you run the day
or the day runs you.*

- JIM ROHN

Daily

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Why are you trying so hard to fit in when you were born to stand out?

- MOVIE
"WHAT A GIRL WANTS"

Daily

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*Success doesn't come from
what you do occasionally,
it comes from what you do
consistently.*

- MARIE FORLEO

Daily

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Ask yourself this question every morning: Will who you are now lead you to who you want to be in the future?

- BRENDON BURCHARD

Daily

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*We've all got both light
and dark inside us. What
matters is the part we
choose to act on. That's who
we really are.*

- SIRIUS BLACK

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*Even the darkest night will
end and the sun will rise.*

—LES MISÉRABLES
BY VICTOR HUGO

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*You must always have
faith in people. And, most
importantly, you must
always have faith in
yourself.*

**- ELLE WOODS,
LEGALLY BLONDE**

Daily

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*Happiness is not something
readymade. It comes from
your own actions.*

- DALAI LAMA